



CORNERS

NEWSLETTER JAN/FEB 2017



The Sound of Music, Christmas Fair, Autumn Concerts, Community Volunteering, Paris Trip, Model United Nations, Poetry Competition, Guest Speakers, and Sporting News.

From the Headmaster

Francis Holland School, Regent's Park is a delightful place to work, to teach and to learn. Now, after just over a year at the helm of this magnificent school, I can attest that I have worked very hard, I have taught many of our pupils and I have learned an awful lot!

Twelve months ago, I knew that this was a special school which balanced its formidable academic reputation with a justified good name for care and nurture. One year on, I still know it, but I also understand it, and I enjoy singing the praises of the girls, the school and the staff. I cannot promise that your daughter will enjoy every single day at Francis Holland, Regent's Park, but I am certain that she will be supported, nurtured and challenged here.

Last year, here at school we were pleased to introduce a new programme of guest speakers to the Spring Term. This year, I am pleased to announce that we are repeating the initiative and, such is the way of things in education, that by next year I feel sure that the

"Women of Influence" talks will almost certainly have become a tradition!

Over a period of two months we have a dozen fantastic female role models coming in to school (pictured in the flyer), each of whom has reached a position of responsibility and influence in her own life and is prepared to share her experiences with your daughters. Our ambition is not to produce clones of the women who come in to speak, but rather to challenge the pupils to consider the enormous range of possibilities which are open to them and to consider how the decisions or choices which they take here at school may, or may not, shape their future.

The aspect which gives me the greatest sense of satisfaction with the second "Women of Influence" series is that many of the guests have been approached and booked in by the girls themselves. What is more, the pupils are also stepping forward to be the ones who introduce our guests in front of an audience of over five hundred and




also – and this role is even more nerve-wracking – they are stepping up to be the ones who give the vote of thanks.

Francis Holland, Regent's Park is becoming an increasingly outward-looking school. The single most important thing that happens here is the quality of the classroom experience; it is first-rate, but another important strand is to offer our pupils the opportunity to consider life beyond the school gates.













Yours sincerely,

CHARLES FILLINGHAM



FRANCIS HOLLAND SCHOOL
REGENT'S PARK

WOMEN OF INFLUENCE LECTURE SERIES 2017

 <p>Monday 30th January (Assembly) FI Glover, Radio Journalist broadcasting across BBC Five Live, Radio 2 and Radio 4 for the last 25 years.</p>	 <p>Wednesday 1st February (Assembly) Teresa Graham CBE was stopped from taking her Maths GCSE, but subsequently attended university and won Young Accountant of the Year.</p>	 <p>Friday 24th February (Assembly) Amma Kyel-Mensah, Gynaecologist and one of very few experienced gynaecologists in the UK with dual qualifications as a fully trained physician.</p>	 <p>Monday 27th February (Assembly) Dame Frances Cairncross DBE, FRSE, Journalist for The Guardian and The Economist, who then went on to run an Oxford University College.</p>	 <p>4 - 5pm, Thursday 2nd March (Library) Sally Gardner, award winning novelist of <i>Maggot Moon</i>, selling over 2 million copies in the UK. Spokesperson for dyslexia.</p>	 <p>Friday 3rd March (Assembly) Louise Pinder, Solicitor, HM Deputy Coroner in Derby and an Associate Lecturer at Derby University Law School.</p>
 <p>Tuesday 7th March (Lunchtime) Rt Hon Baroness Neville-Jones DCMG served as National Security Adviser, Minister Of State for Security and Counter Terrorism, and as the Prime Minister's Special Representative to Business for Cyber Security.</p>	 <p>Friday 10th March (Assembly) Helen Milligan-Smith, Growth Director for Brakes Group, voted the 2011 Young Business Person of the Year and reached the finals of <i>The Apprentice</i>.</p>	 <p>Friday 17th March (Assembly) The Rt Hon Andrea Leadsom, Conservative MP for South Northamptonshire, served as Minister of State for Energy and Climate Change and Secretary of State for Environment, Food and Rural Affairs.</p>	 <p>Monday 20th March (Assembly) Wendy Feher, Business Development and Client Director at London Business School, helps international companies fine-tune their leadership to achieve better and faster results.</p>	 <p>Monday 27th March (Sixth Form Lecture) Lizzie Peck, Economist in the International Directorate of the Bank Of England, having read Economics at Warwick and Cambridge.</p>	 <p>Date to be confirmed HRH Princess Badiya bint El Hassan works to further interfaith and cross cultural understanding. Amongst other positions, she is Founder Chairman of MGAic and Patron of Developments in Literacy (DIL) - UK.</p>

Staff News

We would like to extend a warm welcome to three new colleagues who have joined FHS in the spring term:



Mr Paul Tiley
HEAD OF CHEMISTRY



Miss Emma Hollender
TEACHER OF CHEMISTRY



Miss Amy Christian
GAP YEAR STUDENT



Many congratulations to Georgie Harries and her husband Pete on the arrival of their baby boy **Hugh Sebastian Angus Harries** who was born on Monday 21st November 2016.

Class of 2016 Drinks Reception

We were delighted to welcome the Class of 2016 to their first Francis Holland reunion event on the evening of 13th December.

Having completed Sixth Form earlier this year, our newest alumnae cohort caught up with teachers at the prestigious Lansdowne Club in Mayfair for a Drinks Reception. The year group had also been invited to the Carol Service held earlier that afternoon, with a number returning for this festive occasion too.

At the reception, everyone shared tales of their exciting adventures during their gap years and how they are settling into university life. There were also, of course, many memories from their time at school. For some it was also the first time they had seen each other since starting new journeys, so there was much laughter and conversation!

With a welcome by Headmaster, Charles Fillingham, a slideshow of photos (past and present) of the year group and a chance to collect recently published exam certificates, this was a wonderful way to join our extraordinary alumnae community.

Alistair Brown
ALUMNI RELATIONS OFFICER



SPRING TERM 2017

FORM CAPTAINS

Harriet Wellock
Anthippi Hadjipateras
Amber Hill
Lola Edsberg
Violet Reed
Yasmeen Sadiqui
Tara Murray
Luciana Rouse
Isabella Atfield
Kate Gill-Boniaszczuk
Parastoo Irani-Kermani
Talia Sindi
Saga Kjallgren
Caroline Coyne
Antonia Burgess

GAMES CAPTAINS

Olivia Gearson
Charlotte Gishen
Olivia Abbattista
Alexandra Edge
Georgina Harrison
Maria Landon
Naomi Barrett
Ellie Valentine
Georgina Sedgwick
Sadie Wilson
Hope Jones
Eva Perez
Shyna Melwani
Ellie Eden
Anna Clayton



Christmas Fair

Christmas once again arrived early at Francis Holland and filled the entire school with festive spirit, all in aid of our chosen charities. The Hall remained packed with both vendors and shoppers from start to finish. Steve dazzled us with his beautiful and delicious cakes. The lucky jars and chocolate tombola that lined the library sold out in

minutes. The Young Enterprise Teams were busy selling and so many girls planned games and stalls of their own this year. The cafe was stocked with amazing home baked treats.

Thank you to everyone involved, it would not be the success it is without the continued support of committee members, parents, students, teachers and caretakers. Together we raised just over £5000 pounds this year.

The Parents' Association looks forward to welcoming everyone at our next event, the annual Quiz Night and Silent Auction on Wednesday 26th April at 6.30pm. We hope you can join us for a really fun, slightly competitive evening to raise money in aid of Swiss Cottage School, The Rainbow Centre in Sri Lanka and Sayers Croft Summer Camp.

Mrs Laurel Rafter
CHAIR OF THE PARENTS' ASSOCIATION COMMITTEE

Musical Events

MUSIC



Autumn Concert

Around 150 students gathered to perform in the school's Autumn Concert in St Cyprian's Church. Featuring a typically eclectic mix of musical styles, it gave particular pleasure to hear extended performances from A-level music students Sophie McMeikan and Eleanor Bogle. The Thirds were in fine voice performing 'Wade in the Water' and the evening was polished off with the Pink Ladies.



Carol Service at St Marylebone Parish Church

The entire school community and about 200 parents gathered in St Marylebone Parish Church for the annual carol service. Solos from Lulu Renney, Martha Barron, Sophie McMeikan, Elle Bogle, Connie Polydor, Kate Gabriel and Poppy Menzies Walker demonstrated the excellence of singing in the current Upper Sixth. As dusk fell at the end of the service, the Fifteen processed out in candlelight to ancient plainsong, creating a truly magical effect.



Piano Concert

The Piano Concert was a great success. Eighteen students played, from a number of different year groups. For some students, it was their first time playing in a piano concert to an audience. They showed courage and determination, executing their pieces with flair. Well done, performers!



Wind, Brass and Percussion Concert

This was the third Wind and Brass Concert – and for the first time, we opened the doors to our percussionists. Several girls gave their first public performance, and items ranged from unaccompanied Bach to Queen. An evening to be repeated in the not-so-distant future!

Robert Patterson
DIRECTOR OF MUSIC



The Help Fund Committee



Volunteering in the local community is part of the core principles of the Sixth Form at FHS. Sixth Form pupils are encouraged to seek placements to develop their own strengths and interest, for example volunteering in homework clubs in local libraries, or with the Portobello Trust and with local schools such as Swiss Cottage Specialist School and St. Vincent's Primary School. Willow and Natasha comment;

'We have been visiting St. Vincent's Primary School on a weekly basis, working with children from a Year 4 class who require some extra reading practice; we provide assistance with their pronunciation and help them to define words that are more challenging. Some of the students have an international background and so English is not their first language. Hence, it is especially rewarding seeing their improvements.'

Some of our students choose to visit elderly people who are housebound. Tabby Dickson and Amy Hobson visit an elderly lady on a weekly basis, Tabby comments:

'Visiting an elderly lady with dementia is one of the highlights of my week. Amy and I have been volunteering since the autumn, and although it is challenging and sad at times, seeing her look forward to our visits is really rewarding. She's so lovely and always gives us cake and tea, and we have enjoyed building a friendship with her that we hope will last for years to come.'

The Art Department has been partnered with St John's Wood Neighbourhood Care for over 8 years, providing a weekly mosaic club to local elderly with the help of Lower Sixth students. Sara Mahmud comments:

'Here, we have the chance to spend some time with the local elderly and engage in conversation whilst creating beautiful mosaics ... We get the chance to interact with people we wouldn't usually meet on a day to day basis and this gives us insight into how other people live their liveswe have formed bonds with the elderly and it has been a pleasure to get to know them, listen to their stories and learn from their life experiences.'

After completing several mosaic projects around the school, the mosaic club have completed a large installation for Chelsea and Westminster Hospital and are just beginning another installation for St John's Wood Library.

Congratulations to Fran Hersey, Eva Gimpel-Oxinalde and Emily Jerjian, who have been nominated for the National Citizen Service Youth Board (NCS). This



Summer Camp

Francis Holland Summer Camp has run every year since 2007 – this year will be the eleventh! We stay for five days at Sayers Croft activity centre in Surrey, and the aim is to give looked-after children an exciting and challenging holiday which they otherwise would not have. The children work with the school's sixth formers on many different activities – pond dipping, caving, rafting, climbing, orienteering, team challenges – and everything is overseen by instructors at Sayers Croft, Francis Holland teachers, and a team of Westminster's social workers. Over the past ten years, over one hundred looked-after children have benefited from Summer Camp, and over one hundred of the school's senior pupils have had the chance to give their time to such a worthwhile enterprise. We plan to launch Summer Camp 2017 in July, and expect it to be another great success! We are indebted to the most generous support of the Parents' Association, which makes Summer Camp possible.

Adrian Smith

SUMMER CAMP COORDINATOR
ENGLISH AND MUSIC DEPARTMENT

is a group of twenty NCS graduates from the summer programme who meet every other Thursday to plan and carry out a Social Action plan. This year they have directed their attention towards helping the homeless in the Westminster borough.

The Help Fund oversaw a very busy term and would like to thank everyone for their time and contributions towards so many projects.

Many congratulations to the Upper Fifth for hosting a delicious FHS Bake Off held on Thursday 8th December as well as their fantastic recycled fashion show held on Friday 9th December, which involved boxes, newspapers, plastic bags, bubble wrap, tin foil, plastic bottles and tin cans. These objects that are commonly thrown away were used by students in each year group to create imaginative outfits to model at the

annual Upper Fifth Christmas charity event. Extraordinary imagination was shown by all the participants, and great fun was had by the audience and judges watching the weird and wonderful creations that were modelled to the latest groovy music. Both events were in support of the Rainbow Centre in Sri Lanka.

Natasha Khursheed spent part of her Christmas holidays volunteering in a SOS Children's Village in Pakistan and would like to thank everyone who contributed art supplies.

Finding volunteer placements is increasingly hard; please do let me know if you are aware of any organisations that require additional willing and very able volunteers.

Ms Clare MacDonnell

DIRECTOR OF EXTRA-CURRICULAR ACTIVITIES





The Sound of Music

This has to be the ultimate in large-scale romantic musicals from the end of the 1950s. Most of us know it from the 1965 film, and inside most of us, I suspect, is an inner Maria, a happy person trying to be the best she can, but occasionally getting it wrong. Well, the 43 girls who performed in FHS's very own production in Nov/Dec 2016 very much got it right. So many members of the audience commented on the beautiful singing in the convent, the wonderful explosion of red and black for the von Trapps' party scene where the girls inside those nuns' habits morphed into glamorous dancers for a swirling Viennese waltz, the wonderful

ensemble work of the seven von Trapp children, the cynical comedy of Max and Elsa, the wise serenity of the Mother Abbess beautifully interpreted by Lulu Renney and the tender blossoming of romance between the Captain and Maria, played exquisitely by Lucy Minderides and Kate Gabriel. With wonderful costumes created by a team of mums and teachers, musical direction by Mr Ingham, choreography by Robbie O'Reilly and direction by Mrs Oakley, this show really was the hot ticket of 2016.

Mrs Kate Oakley
ENGLISH AND DRAMA DEPARTMENT



DRAMA





History of Art Trip to Paris

On Saturday 12th November, the History of Art department took 21 members of the Lower and Upper Sixth to Paris for the day. The first stop, after arriving at the rather insalubrious Eurostar terminal at the Gare du Nord, was the magnificent Notre Dame Cathedral for total immersion in French Gothic architecture. The façade of Notre Dame was almost as fascinating as the newly-wed couple having their photographs taken with the Cathedral pigeons, but it was the interior, singing with divine light from the magnificent rose windows of the transept, that really captured our imaginations.

After a speedy baguette in the Marais, we took the metro over to western Paris to the 'Icons of Modern Art' exhibition at the Fondation Louis Vuitton. This was the real highlight of the day; Sergei Shchukin's extraordinary collection comprised a vast number of iconic twentieth century paintings by masters such as Cézanne, Gauguin, Van Gogh, Matisse and Picasso, and was displayed in the remarkable galleries of Frank Gehry's building. Displayed chronologically, the works in this exhibition presented themselves as old friends to the Upper Sixth, who delighted in seeing the colour of Matisse and the forms of Picasso.

When we returned to central Paris, the Louvre was the final destination of the day as daylight faded. The vast halls of the Louvre were teeming with visitors but the key works of art, both Italian Renaissance and French Romantic paintings, were sought out and admired by the Francis Holland Art Historians.

A delicious supper in a number of the cafés over the road from the Louvre rounded off a really fantastic day in wintry Paris. Hugest thanks to Mrs Francisco, Miss MacDonnell and Ms Slocombe for accompanying the trip.

Mrs Alice Montgomery
HEAD OF HISTORY OF ART



Classics Trips to the British Museum

TRIPS



Last term we took advantage of our proximity to the British Museum to organise two trips for different year groups:

The Upper Fourth were invited to visit the 'Sunken Cities' exhibition, which explored the cities excavated by underwater archaeologists off the coast of Egypt. This was particularly appropriate, since the Upper Fourth have just started learning about ancient Alexandria within the wider Roman

Empire. We were able to see the influence of Greece and Rome on these Egyptian towns in the wonderful setting of the British Museum's relatively new exhibition space.

The Upper Sixth Classical Civilisation group also had a wonderful opportunity this term; the author of their textbook, Dr Susan Woodford, offered to take them on a tour of the Greek vases in the British Museum. They were able to see many of the vases featured in their

Greek Art and Architecture module in the museum, which offers a perspective which cannot be fully understood from photographs. We were all very excited about hearing from such a world-class expert in this subject as well! After our tour of the vases, we spent time examining the Parthenon and Bassae friezes.

Mrs Claire Wood
ACTING HEAD OF CLASSICS

UK Senior Maths Challenge December 2016

The results for the UK Senior Maths Challenge are as follows:

In the **Upper Sixth**, the following girls get a Bronze Certificate: **Elyse Bhattee**, **Aditi Bhandari** and **Lily Rutterford**, who also gets the Certificate for Best in Year.

In the **Lower Sixth**, **Carin Sarsfield** gets a Silver Certificate as well as the Certificate for Best in Year and the Certificate for Best in School, which is an excellent achievement.

Very well done girls!

Ms Neermala Murugan
MATHEMATICS DEPARTMENT



Further Maths Trip to the Institute of Education

On 15th November, Further Maths students visited the Institute of Education at UCL.

They attended Maths in Action lectures. The seven girls had great fun listening to six speakers covering subjects from Code Breaking to questioning bad statistics in the press, and from using maths to model population growth to analysing maths references in pop songs. It was a fun day.

Mrs Carol Thornhill
HEAD OF MATHEMATICS DEPARTMENT

Professor John Mullan discusses *Sense and Sensibility*

On Tuesday 10th January the English Department welcomed Professor John Mullan from UCL to speak about Austen's novel 1811 *Sense and Sensibility*. Since Professor Mullan came last year he has been editing the new Oxford Classics edition of the novel, and was full of ideas, particularly about its treatment of marriage, courtship and sexual morality, compared with *Jane Eyre* which we also study for A Level. He fielded some excellent questions from girls in both Lower and Upper Sixth, and provided proof that Austen is not just for girls who like pink!

Mrs Kate Oakley
ENGLISH AND DRAMA DEPARTMENT



English Department Poetry Competition, 2016

This year's competition was on the subject of 'Our Town'. Girls saw a number of photos, all taken within three minutes' walk of the school – and their responses to the pictures

were highly individual and stunning in quality. The best poem by girls in each year group were by Cora Boller-Smith, Helena McDonnell, Theodora Shillito and Ellie du Bois. Harriet Wellock in the

Thirds was the overall winner, with her poem (featured) about a camera left in the back of a cab.

Adrian Smith
ENGLISH DEPARTMENT

Our Town

HARRIET WELLOCK, III

*There was once a man I knew, very well.
We got along like a house on fire.
We had been to countless places together,
Our destinations always splendid.
Although I'm afraid to say, one day,
We didn't quite reach our splendid destination.*

*Wheels screeched,
Money paid,
Doors slammed,
And I was driven away.*

*I was taken, that evening, and placed on a shelf,
By the window.
I was given a tag, saying: "Camera, found in black cab,
Lost property at Baker Street Station. 1992".*

*Ever since that date, I have sat here,
Watching. This is what I see:
Tourists, crowding in, to catch a glimpse of the excitement,*



*Staring above, oblivious to the hustle and bustle below.
Regents Park, a paintbox of colours,
Home to diverse creatures; the ones lurking in the shadows
And those basking in the sun.*

*Hordes of schoolgirls flash by in a haze of red and white.
In the morning, busily chatting away, rushing to school.
Evening comes and tiredness is teasing.*

*The various smells, combining with sighs of appreciation
And steadily munching.
Conversation hums in the air,
Serious and secretive, and light-hearted laughter.*

*Angry drivers and impatient honks,
Steady cursing and silent makers. hatred roams the air.
Sherlock Holmes smiling down at passers-by,
Keeping a lookout for trouble
Towering red brick mansions loom above,
Threatening the street below with a stony glare.*

*I no longer yearn for my fellow photographer.
I don't need him to show me the world:
I can see it for myself.*

Model United Nations



Seven Sixth Formers attended the Model United Nations conference at Woodhouse College in North London. Francis Holland represented the People's Republic of China for the weekend, attending committees, drafting resolutions and debating with delegations representing other nations from schools and colleges across the country. The girls negotiated hard,

formed alliances and lobbied to get their resolutions written and passed. After three days everybody knew who team China were and what they wanted on the world stage! The effort, enthusiasm and skill of our students was recognised after the conference by the three awards won by our delegates. Daniella Tavrovsky and Alice Ward both won best delegate in their respective

categories and Alice was awarded the prize for 'Best Tweeter' for her witty and irreverent coverage of events on social media. The whole team deserves congratulations for the enormous contribution they made to the event!

Duncan Bryson
HISTORY DEPARTMENT

Academic Enrichment Lectures

Lectures this term:

Academic Enrichment lectures, given by FHS teachers on topics beyond the academic curriculum continue this term. The lectures are open to all students and are held in the Lecture Theatre, starting at 4:15pm and finishing at approximately 5 pm.

We strongly encourage girls in the Upper Fifth and the Sixth Form to attend.

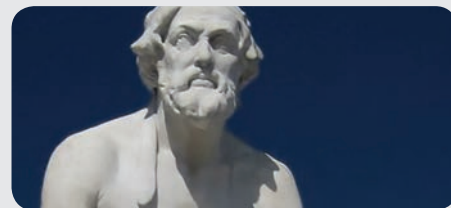
Ms Jacqui Zugg
ACADEMIC DEPUTY HEAD



Wednesday 8 February, 4:15PM:

Local gems – highlights of the Wallace Collection

Ms Clare McDonnell
HISTORY OF ART DEPARTMENT
DIRECTOR OF EXTRA-CURRICULAR ACTIVITIES



Wednesday 8 March, 4:15PM:

Thucydides – The First Historian

Mr Duncan Bryson
HISTORY DEPARTMENT

The Duke of Edinburgh's Award



Congratulations to the following girls for completion of their Bronze and Silver Duke of Edinburgh Award which they received in December:

BRONZE AWARD

Jessica Phillips, Liya Khwaja, Sophia Chitty, Amanda Martins, Tabitha Dickson.

SILVER AWARD

Eleanor Sheehan, Natasha Rhodes, Emily Evangelou, Willow Hellier Watts, Antonia Woolf.



Congratulations and well done to all participants for your efforts and dedication to the Duke of Edinburgh scheme.

Plenty of girls are making great progress with their awards, and some are nearing completion, which is fantastic! If you would like any on-line help with an area of your award or you just need the last section signed off, please come to D of E clinic on a Thursday at short break in the ICT room.

Miss Natalia Lamas
DUKE OF EDINBURGH AWARD CO-ORDINATOR

Important Dates 2017

If your daughter has recently enrolled in any level of the award, please note the training and expedition dates and venues below:

GOLD

- **Gold Training:**
Sat 4 February (10–4pm in school)
- **Practice Expedition, Peak District:**
10th–14th July
- **Assessment Expedition, North Wales:**
21st–25th August

SILVER

- **Silver Training:**
Sat 4 February (10 – 4pm in school)
- **Practice Expedition, Chelmsford:**
29th April – 1st May (Bank Holiday)
- **Assessment Expedition, Chesham:**
27th – 29th May (Bank Holiday)

BRONZE

- **Bronze Training:**
Sat 10 September (10–4pm in school)
- **Practice Expedition, Harlow:**
24th–25th September
- **Assessment Expedition, Chelmsford:**
8th–9th October



Results

Winners from each year group:
IIIJ, LIVS, UIVJ, LVB, UVP,
VI Upper Sixth & Lower Sixth (shared)

Best and fairest players in each year group:
III: Lucia Jacobson, LIV: Zoe Haering,
UIV: Charlotte Hassenforder, LV: Phoebe Bor,
UV: Ella Sprosta, VI: Lucy Minderides,
Best Goal: Edie Hamilton-Smith

Inter-form Hockey Tournament, December 2016

The Inter-form Hockey Tournament produced some fantastic performances this year! The Sports Captains did a brilliant job of organising their teams and encouraging maximum participation from their form. In between each match, they offered tactical feedback and support to ensure their team's performance improved throughout the tournament. The Thirds' tournament was a high-scoring affair with some thrilling close matches. The standard was exceptionally high, especially considering that most of the participants had only started playing hockey in September! The Lower Fourth and Upper Fourth tournaments were also high-scoring affairs, with all forms demonstrating great team spirit. In the Lower Fifth tournament, each team held their XI-a-side formation well and good defence was the order of the day. There were some particularly outstanding individual performances

in the Upper Fifth tournament and some wonderful goals. In the final competition, there was a fiercely competitive but good-natured match between the Upper and Lower Sixth! Both teams played some wonderfully fast-paced, fluid hockey in a match that could have gone either way. In the final seconds, the Lower Sixth survived two penalty corners when the Upper Sixth came incredibly close to scoring. Overall, a 0-0 draw was probably a fair result, especially considering how well both goal keepers performed. This was a fitting match to end the tournament with and proved again that we have great talent at FHS and a great appetite for hockey. Well done to all for making this year's Inter-form Hockey Tournament such a success.

Ms Maria Merrigan
PHYSICAL EDUCATION DEPARTMENT

Sports Report

It's dance fever at FHS with the Thirds and Lower Fourths exploring dance themes in their single lessons this term, in addition to their usual swimming lessons. We have also just had our annual Dance Workshop which saw the Thirds bopping to the tribal beats of African dance and the Lower Fourths enjoying a day of Bollywood. February Fitness Fortnight is here and what a great time for the girls to check their fitness and skill levels in lessons. Our preparation is well under way for the

LSGA Floor and Vault competition for our Gymnastics Squad and we're also really looking forward to this year's Gym and Dance Display – so do keep the 10th March free. One week later is the FHS Mini Marathon – a cheeky 3k dash through Regent's Park. Keep an eye out for the Inter-form Football tournaments on a Thursday lunchtime too!

Well done to all of the girls who received a Sports Commendation at the end of the autumn term – your

commitment and enthusiasm are shining through.

As always, everyone is invited along to watch their daughter's fixtures after school. Do download a copy of the fixtures list from the school website.

Ms Jane Tucker

HEAD OF PHYSICAL EDUCATION



Gymnastics Success

Well done to Eliza Harding who recently competed at the Camden Regional Gymnastics Competition placing third in her division for her floor routine, as well as second place overall as a result of performing consistently well across several apparatus. Eliza dedicates a considerable amount of time to

training and competing for the Camden Gymnastics Club at Talacre Sports Centre, as well as the early mornings and lunchtimes that Eliza devotes to gymnastics training at school. On the 4th February, Eliza competed for FHS in the BSGA London Regional Floor and Vault Competition alongside selected gymnasts. We wish her all the best for her future gymnastics success!

Miss Kim Evans

PHYSICAL EDUCATION DEPARTMENT



Sports Certificates (Autumn Term 2016)

III J: Sophia Reznik, Harriet Wellock, Sophera Whiu

III M: Olivia Baird, Ella Newell, Evelyn Snizek

III S: Eva Dreyer, Mihika Joshi, Simone Yanez, Clara Von Bayer

LIV J: Lola Edsberg, Sofia Franco, Ruby Reed

LIV M: Ruth Kirby, Maria Knight, Charlotte Leadsom

LIV S: Emilia Crawley, Zoe Haering, Maria Landon

UIV J: Naomi Barrett, Imani Good, Emma Nygren

UIV M: Sarah Bithel, Iona Geidt, Isabel Wolstenholme

UIV S: Mary Balls, Jessica Perkins, Georgina Sedgwick

LV AL: Alia Azman, Kate Gill-Boniaszczuk, Emma Radcliffe

LV H: Rita Broberg, Ann-Cathrin Stick, Rachael Winters

LV L: Phoebe Bor, Amelia Carney, Eva Perez

UV A: Cara Cottam, Sylvia Empson, Gabriella Rapp

UV B: Alice Bartholomew, Alice Emlyn-Jones, Riana Modi

UV P: Hannah Barlay, Eman Jahangir, Jessica Phillips

Spring PE dates to note:

- **Gym and Dance Display (5pm)**
Friday 10 March, *FHS Hall*
- **u12 & u13 Middlesex Netball Tournament**
Tuesday 14 March, *Highgate School*
- **FHS Mini Marathon**
Friday 17 March, *Regent's Park*
- **Summer Sports Trials begin**
Mon 20 – Thurs 30 March
Regent's Park
- **Inter-form Netball Competition**
Monday 28 March, *Regent's Park*
- **Inter-form Football Competition**
Thursdays, *Playground*

FEBRUARY 2017

MONDAY 27TH FEBRUARY

5.30pm Lower Fifth Parents' Evening for LVL and LVB (Allen – Jones)

MARCH 2017

THURSDAY 2ND MARCH

5.30pm Lower Fifth Parents' Evening for LVM and LVB (Kay – Wu)

FRIDAY 3RD MARCH

9-10am Parents' Prayer Group Breakfast Meeting in the Gloucester Room

WEDNESDAY 8TH MARCH

6.30pm Parents' Association Meeting in the Gloucester Room

MONDAY 13TH MARCH

5.30pm Higher Education Evening for all Lower Sixth and Parents in the Hall

WEDNESDAY 15TH MARCH

5.30pm Upper Sixth Parents' Evening

THURSDAY 16TH MARCH

Upper Fourth History Trip to Ypres departs (returning Sat 18th)

TUESDAY 21ST MARCH

7.30pm Joint Choral Concert at Harrow School

EFFORT, ACHIEVEMENT & CONTRIBUTION AUTUMN TERM 2016

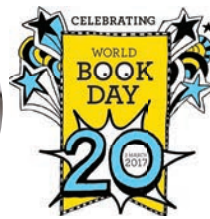


Form
IIIJ
IIIM
IIIS
LIVJ
LIVM
LIVS
UIVJ
UIVM
UIVS
LVB
LVM
LVL
UVA
UVB
UVP
LVI
LVI
LVI
LVI
LVI
UVI
UVI
UVI
UVI

Effort
Maya Haruni
Eloise Lamble
Eva Dreyer
Lauren Ajayi
Juliette Hassenforder
Tegan Macpherson
Mary Haralambous
Georgina Woolf
Molly Clarke
Jessica Jones
Eva Perez
Ann-Cathrin Stick
Mariam Mohammed
Rosie Morris
Emilia Franco
Holly Anness-Bradshaw
Selen Demirel
Kate O'Donoghue
Saffron Taylor
Elyse Bhattee
Eleanor Bogle
Lily Kelly
Eleanor Shanahan

Achievement
Clara Read
Evelyn Snizek
Amber Hill
Mya Shah
Chiamaka George Amadi
Hina Kodama
Ava Dance
Hannah Klug
Georgina Sedgwick
Cleopatra Coleman
Ambre Brabant
Jessica Spanier
Gayatri Bhatt
Maya Simmonds
Anna Clayton
Amy Hobson
Sadie Levi
Yasmeen Louis
Helena Mcburney
Chiara Argenti
Claudia French
Madeleine Harding
Sophie Mcmeikan

Contribution
Sophera Whiu
Isabel Dagtoglou
Anna Claire Breuss-Burgess
Jessica Hales
Camille Brown
Jasmina Charap
Isabella Fisher Turner
Eliza Harding
Ottillie Moselle
Emma Radcliffe
Phoebe Bor
Olivia Saunders
Savannah Roeser
Iman-Esayo Dekonor
Yasmin Morrell
Tabitha Dickson
Francesca Hersey
Alice Ward
Emilia Wilson
Kate Gabriel
Darcey McAlister-Wober
Lucy Minderides
Lulu Renney



Author Visit by Sally Gardner on World Book Day

Sally Gardner, the award-winning novelist is visiting FHS in celebration of World Book Day and as part of the "Women of Influence" programme.

Thursday 2nd March from 4–5pm in the Library.

Sally's novels will be available to purchase courtesy of West End Lane Bookstore. Sally is also a spokesperson for dyslexia, working to change the way it is perceived by society. She is dyslexic and argues that it's not a disability, but a gift. Sally will be addressing these issues in addition to discussing her novels.

Please encourage your daughter's to attend this celebratory event. All students are welcome. If you have any questions regarding the talk, please contact the school librarian Mrs Emily Aves on emily.aves@fhs-nw1.org.uk

Coming up: A treat to our Germanists!

The German Network led by FHS Regent's Park met at the end of last term in order to plan our big event of the year. On Saturday, 25th March we will be hosting an unforgettable experience for our Germanists, involving workshops, music, food, a guest speaker and best of all, the opportunity to network with fellow Germanists from our other participating schools. Watch this space!

Ms Rose Iksilara
HEAD OF GERMAN DEPARTMENT

Junior Apprentice Newsflash

Always dreamed of being an entrepreneur? 'Junior Apprentice FHS' is a new lunchtime club for LIV and UIV.

Girls (teams or individuals) have four weeks to set up a business; coming up with an idea of a product they can sell and gain first-hand experience of what it's like to run their own business. However, they only have £10 per team member (start-up capital) and have to make as much

money as possible over just one month.

If you are in LIV or UIV and haven't attended the first two kick-off sessions this term, fear not. A new opportunity to join the club will present itself next term. See Miss Hollender for an interest sign-up sheet and more information.

Parents, a gentle warning, Junior Apprentice participants may be selling their products at an FHS event near you!

Miss Emma Hollender
JUNIOR APPRENTICE CLUB LEADER



FHS Gym & Dance Display

Friday 10th March
5–6pm

All parents welcome.



FRANCIS HOLLAND SCHOOL
REGENT'S PARK

Ivor Place, London NW1 6XR

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